



# Community Network News

June 2023

## Community Leaders Meeting

On Saturday 25th March 2023, a group of Sopwell's community leaders came together to explore how we can tackle climate change and build local resilience.

The group consisted of leaders from local schools, faith groups and other local organisations.

Whilst we are all doing lots of good things already, there is an appetite to do more.

The group prioritised community action in the areas of:

- Buildings & Energy
- Consumption & Waste
- Connectedness
- Transport

Creating the **Community Network** was our first action.

This newsletter is the start!



Supporting each other to tread lightly, adapt and stay strong in the face of an **uncertain future**



# Keeping Cool

Remember how uncomfortable the high temperatures were last summer?

Unfortunately, we can expect to see more extreme weather events, including more frequent, longer and hotter heatwaves.

The government has recently published a new **Adverse Weather and Health Plan**, which includes **copng with heat**.

It acknowledges that local community groups must have a role in this.

The eco-stars **Community Network** are contacting Public Health and Local Authorities to understand our role and will work to help reach vulnerable people in the years ahead.

We will also give advice to all about coping with heat in our homes, and how our community spaces can be best used.

**For more advice visit:**

<http://gov.uk/ukhsa/beat-the-heat>

*We can avoid the worst of global warming by cutting our carbon emissions and putting pressure on government to do more.*



St Albans City and District Council

August 10 · 🌐



## Extreme heat warning issued



# Dates for your diaries

**Saturday June 10th**  
Jumble Sale | St Stephen's Church

*Second-hand first!  
Bag yourself a bargain and  
do your bit for the planet*

**Sunday July 16th**  
Cottonmill Gathering | CCCC

*Bringing the community  
together for a fun-filled festival*

**Saturday September 16th**  
Cottonmill Ride | CCCC

*Sponsored ride, BMX demos,  
balance bikes and more*

**Saturday October 7th**  
Sustainable Kids Clothes | CCCC

*Preloved & Jumble: Winterwear,  
Hallowe'en and Xmas jumpers*

**Saturday November 4th**  
Repair Fair | CCCC

*Electricals, textiles, bikes and more*

## Jumble Sale

*New and Nearly New clothes, cake stall, games and raffle*



**Saturday 10 June**  
2.00pm - 4.00pm



St Stephen's Church, Watling Street, St Albans

## Save the date!



**Sopwell's fun FREE  
family festival!**



*Do you have an eco-event  
to advertise?*

*Email us: [sopwellecostars@gmail.com](mailto:sopwellecostars@gmail.com)*

## Cottonmill Ride Community Cycling Day

**Saturday 16  
September**  
Cottonmill Community  
and Cycling Centre  
AL1 2EF



**Save the date!**

10-18  
June

Sustainability  
Festival 2023

[sustainablestalbens.org/sustfest/](https://sustainablestalbens.org/sustfest/)

ACROSS  
ST ALBANS,  
HARPENDEN &  
THE VILLAGES

# Join in SustFest 2023

The aim of the festival is to inspire residents across the district to live more sustainably, do practical things to care for the environment and reduce their carbon footprint.



*Sustainable St Albans is the go-to place for knowledge and advice in all things environment and sustainability*

**Find events:**

<https://sustainablestalbens.org/sustfest/>

The IPCC says

## **Action on climate change is urgent**

We also need to  
**build resilience and adapt**  
to a changing climate

*Even if emissions stop tomorrow, there is still more warming 'baked in'*



**For more news and events:**

Sign up to the Sopwell eco-stars  
Community Network mailing list

Visit: <http://eepurl.com/h42bSr>

**See more on our website:**

[https://sopwell.org.uk/  
sopwell-eco-stars/](https://sopwell.org.uk/sopwell-eco-stars/)

*Working together to address climate change & inter-related issues, and building local resilience*